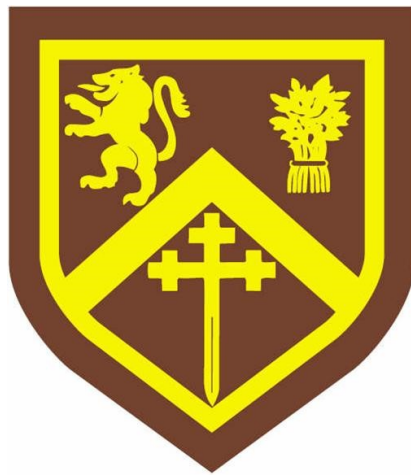


Pownall Green Primary School
Extra Curricular Activities
2023/24



Love learning, love life!

This booklet is a guide to the extra curricular opportunities offered at Pownall Green.

Some of the activities are run by carefully selected outside providers with whom you register directly. Please follow the guidance on how to enrol for your chosen activity.

If you have any suggestions for additional activities, comments about the quality of provision or about this booklet, please contact school on 0161 439 1105 and ask to speak to the Extra Curricular Activities Coordinator or email

Nicola.prydderch@pownallgreen.co.uk

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Chess Club



Year Groups	2 and 3
Day	Thursday
Time	12:15pm to 1:00pm
Cost per session (payable termly)	£5
Enrolment method	Email Glenn Trueman glenntrueman@aol.com

Our popular chess club for Years Two and Three resumes in September with the first meeting scheduled for 14th of the month.

Chess is extremely beneficial for children as it improves concentration and logical thinking. It also teaches us to think ahead, to understand that our actions have consequences and to take responsibility for those actions. It is also great fun and in our view the best game in the world!

Lesson 1 - Thursday 14 September to Lesson 5 - Thursday 19 October
Lesson 6 - Thursday 02 November to Lesson 12 - Thursday 14 December
There will be no lessons on 12th and 26th October

Lessons will cost £60 for the term. The club has a maximum capacity of 18 and may be over subscribed. Membership will be allocated on a "first come first served" basis. New members do not need any pre-existing chess ability but should be enthusiastic in regard to learning about the game and be able to stay focused on chess for 45 minutes. Whilst we will attempt to locate "missing" children, it is ultimately the responsibility of the child to attend each week. If you have any questions please contact Glenn Trueman via glenntrueman@aol.com or telephone 07714 429263.

If you wish to register your child please email glenntrueman@aol.com. Payment can be made by bank transfer into 'Glenn Trueman' Account Number 43178731 Sort Code 01-08-38 with PGS and your child's initials as reference or cheques made payable to D G Trueman can be left at the school office. Potential new members, please ensure there is a space before transferring any money.

Chess Club



Year Groups	4, 5 and 6
Day	Friday
Time	12:15pm to 1:00pm
Cost per session (payable termly)	£5
Enrolment method	Email Glenn Trueman glenntrueman@aol.com

Friday lunchtime chess club resumes in September with the first meeting scheduled for 15th of the month.

Chess is extremely beneficial for children as it improves concentration and logical thinking. It also teaches us to think ahead, to understand that our actions have consequences and to take responsibility for those actions. It is also great fun and in our view the best game in the world!

Lesson 1- Friday 15 September to Lesson 5 - Friday 20 October
Lesson 6 - Friday 03 November to Lesson 12 - Friday 15 November
There will no meetings on 13th and 27th October.

Lessons will cost £60 for the term. The club has a maximum capacity of 18 and may be over subscribed. Membership will be allocated on a "first come first served" basis. New members do not need any pre-existing chess ability but should be enthusiastic in regard to learning about the game and be able to stay focused on chess for 45 minutes. If you have any questions please contact Glenn Trueman via glenntrueman@aol.com or telephone 07714 429263.

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KS1 Football



Year Groups	Reception, 1 and 2
Day	Monday Wednesday
Time	3:15pm to 4:45pm
Cost per session (payable termly)	£6.50
Enrolment method	Email Mr Kirk Nick.kirk@pownallgreen.co.uk Subject: FOOTBALL

Does your child have an interest in football and would like to improve their all round football skills?

The club caters for beginners or more advanced football players, as each session will be designed to improve your child's football skills such as dribbling, passing, tackling, shooting and all round football game.

The sessions will include fun and structured drills, with small sided football matches at the end of each session, to ensure children will become more comfortable and improve a lot quicker.

If this club sounds of interest to your child, then please contact Mr Kirk on the above email address to reserve your place.

Football Club



Year Groups and Days	3 and 4 - Monday 5 and 6 - Tuesday 5 and 6 - Wednesday 3 and 4 - Thursday 3-6 Girls - Friday
Time	3:20pm to 4:30pm
Cost per session (payable termly)	£5
Enrolment method	www.schoolgateway.com
Enquiries only	Mr Gray russell.gray@pownallgreen.co.uk

Are you the next Cristiano Ronaldo, Gareth Bale or Steph Houghton? Or maybe you just want to improve your skills and play in friendly matches against other schools in the area.

A mix of skills development, small matches and matches against other schools as well as tournaments, the football club is run by Mr Gray our UEFA B Licence and Youth Award Module 3 qualified coach.

Boys and girls are both very welcome!

WE NEED YOUR HELP. Football Club is very popular. If you are able to volunteer on a regular basis (enabling us to increase the numbers of the Club), please contact Mr Gray or the school office asap.

ALL PLAYERS must sign up and pay via School Gateway. If you wish to use childcare vouchers please use 'Football' as the reference.

Registration forms for 2023/24 will be emailed.

Gymnastics



Year Groups	All
Day	Friday
Time	3:15pm to 4:45pm
Cost per session (payable termly in advance)	£7.00
Enrolment method	Email Mr Kirk Nick.kirk@pownallgreen.co.uk Subject: GYMNASTICS

A NEW and exciting gymnastics session has arrived at Pownall Green Primary School with an innovative and fun but challenging format to ensure that every child can perform to the best of their abilities and flourish into a great gymnast.

The Gymnastics Club specialises in exciting, fun and interactive gymnastic sessions. All sessions provide the children with opportunity to learn and develop a variety of skills, such as coordination, balance, flexibility, strength, agility, posture and improved fitness. The children will receive medals and trophies for good performances, skills and good behaviour.

We will be working towards showcasing the children's gymnastic talents in performances through the school year.

If you would like to get your child booked onto the club whether a novice or an expert gymnast, then please contact Mr Kirk on the above email address to reserve a place.

High 5



Year Groups	3, 4, 5 and 6
Day	Tuesday
Time	3:20pm to 4:30pm
Cost per session (payable termly)	£6.50
Enrolment method	Email Mr Kirk Nick.kirk@pownallgreen.co.uk Subject: HIGH 5

This club is open to both boys and girls. Sometimes High 5 is wrongly seen as a 'girl's sport'. Mr Kirk is very much inclusive, welcoming boys to the club too.

This new school year we are looking to organise more matches against other schools particularly within our school cluster, giving the children a more competitive experience of High 5 on a more frequent basis, as well as entering and competing in tournaments across the borough.

Pownall Green has qualified for the Greater Manchester Games to represent the borough of Stockport over recent years ... Would your child love to be a part of that?

Whether your child is a new comer to the sport or already plays on a regular basis, they will be coached and challenged to have the confidence to reach their full potential in a fun & enjoyable environment. The children will receive medals and trophies for good performance, skills and good behaviour.

If this club is of interest to your child, then please contact Mr Kirk on the above email address to reserve a place.

Slam Jam Basketball



Year Groups	1, 2, 3, 4, 5 and 6
Day	Thursday
Time	3:20pm to 4:30pm
Cost per session (payable termly)	£6.50
Enrolment method	Email Mr Kirk nick.kirk@pownallgreen.co.uk Subject: SLAM JAM

Does your child have an interest in basketball and would they like to improve their skills in a fun, enjoyable learning environment?

The Slam Jam Basketball course is run by Mr Kirk and caters for children of all abilities. With structured basketball sessions/drills, your child will not only improve their basketball skills but will also feel part of a team. The children will receive medals and trophies for good performances, skills and good behaviour.

This new school year we are looking to organise more matches against other schools particularly within our schools cluster, giving the children a more competitive experience of basketball on a frequent basis, as well as entering and competing in tournaments across the borough.

Pownall Green has qualified for the Greater Manchester Games to represent the borough of Stockport over recent years and managed to get the bronze medal finishing in 3rd place at the tournament in 2019. This year, we were also crowned CHAMPIONS of Stockport in Basketball... Would your child love to be a part of that?

If this club is of interest to you, then please contact Mr Kirk on the above email address to reserve a place. **The Club will run for Years 1, 2 & 3 dependant on the level of interest.**

Dodgeball



Year Groups and Days	3, 4, 5 and 6
Day	Monday
Time	3:20pm to 4:30pm
Cost per session (payable termly in advance)	£6.50
Enrolment method	Email Mr Kirk Nick.kirk@pownallgreen.co.uk Subject: DODGEBALL

Does your child have an interest in Dodgeball and would they like to improve their throwing, catching, evasion/movement and teamwork skills in a fun, enjoyable learning environment?

Dodgeball is a great game for improving your child's all round sporting game, as it works on all key elements that cross over to all sports.

Dodgeball is also such a fun/exciting game that really has the children smiling throughout, whilst also providing them with none stop challenges throughout the game!

This year, Dodgeball has been a great success at Pownall Green Primary School, with Pownall winning the Stockport Games at Dodgeball, managing to win 15 out of 15 games, a great achievement! This resulted in us qualifying for the Legacy Games, winning all our games and receiving a gold medal Would your child love to be a part of that?

If this club is of interest to your child, then please contact Mr Kirk on the above email address to reserve a place.

Art Club



Year Groups	1, 2, 3 and 4
Day	Mon: Yrs 1, 2 and 3 Tues: Yr 3 Weds: Yr 4
Time	Mon: 3:15pm to 4:30pm Tues: 3.20pm to 4.30pm Weds: 3.20pm to 4.30pm
Cost per session (payable termly)	£10
Enrolment method	Liz.bell@googlemail.com

Liz Bell is a local artist from Stockport and has loved creating art all her life. She has worked as a Teaching Assistant for over 10 years and ran a successful after school art club.

The art classes will give the children guidance, time, space and the resources to develop and learn new skills, build confidence and most importantly have lots of fun!

For an application form and any further information please contact liz.bell5@googlemail.com

Choir



Year Groups	3, 4, 5 and 6
Day	Wednesday
Time	3:20pm to 4:20pm
Cost per session (payable termly)	£4
Enrolment method	Email Mrs Riley sarah.riley@ powallgreen.co.uk

Do you love to sing? Why not join Pownall Green's fantastic choir!

All are welcome to come and enjoy the benefits of singing together as part of a group.

I am excited to announce that we will once again be taking part in the Young Voices concert at Manchester AO Arena (Jan 2024) where we will sing as part of the largest children's choir in the World!

We are also extremely privileged this Christmas to have been invited to perform at the Bridgewater Hall in Manchester on Tuesday 5th December as part of the Manchester and Districts Hospital's Choir Carol Concert. WE have taken part in this event twice before back in 2016/17—it is a truly special evening and a great way to kick off the Christmas festivities!

We also hope to have the opportunity to perform at a number of local venues including Stockport Town Hall (in the Juniors Choirs' Concert) and St Michael's Church (Christmas Carol Concerts) as well as events within school and the local community.

Come along and be part of something special!

Please note children who were members of the choir last year still need to apply for a place again this year by emailing Mrs Riley.

Kids Cookeryland



Year Groups	1, 2, 3, 4, 5 and 6
Day	Monday: Yrs 3, 4, 5 and 6 Tuesday: Yrs 1 and 2
Time	Mon: 3:20pm to 4:35pm Tues: 3:15pm to 4:30pm
Cost Summer Term (Sept—Dec)	£165
Contact	info@cooksathome.co.uk
Enrolment method	https://bookwhen.com/kidscookeryland

This club is run by Chef Kelly. This is a hands on club where children do all their own chopping, weighing, stirring, cooking and washing up. Learning important life skills in a fun, safe environment that will allow them to connect with real food, learning about ingredients, where it comes from and how it affects our body and mind. Meals are created from scratch, encouraging children to make better food choices and promote positive relationships with food.

The recipes are new every term so your child can continue to come to cookery each term. We eat what we have made at the end of each session and alternate sweet and savoury recipes weekly, e.g. stir fries, carrot cakes, chicken nuggets, blueberry muffins, curries, jam tarts, breads and pasta dishes.

Enrolment method: <https://bookwhen.com/kidscookeryland>

Please see booking info document for password and extra information.

Places are limited and will be allocated on a first come first served basis.

Music Tuition



Instruments available	Clarinet and saxophone Drums Flute French Horn and Cornet Guitar and Ukulele Piano Strings Singing
Enrolment method	Contact the tutor directly

Claire Miles — Piano (Years 3-6)
claireemiles@hotmail.co.uk or 07791 098613

Nicky Walton — Clarinet and Saxophone (Years 3-6)
nicky@breakthroughmusic.co.uk or njwsax@gmail.com

Steven Thompson L.G.S.M. Guitar and Ukulele (Years 3-6)
stevenjthompson@ntlworld.com

Steve Gibson — Drums (Years 4-6, possibly 3)
gibo.drum@sky.com

Clare Jackson — Strings (Years 3-6)
07765 215796 or clareyjackson@icloud.com

Susan Evans — Brass (Years 3-6) French Horn and Cornet
Susan.evans27@gmail.com

Julie Murray—Flute (Years 3 - 6)
juliemurrayflt@gmail.com

Mrs Riley — Singing (Years 4-6)
Sarah.riley@pownallgreen.co.uk

On The Stage Performing Arts



Year Groups	All
Day	Monday
Time	3:30pm to 5:30pm
Cost per session	£11.50 per session, payable in advance per half term
Enrolment Method	www.rattleandrollperformance.com Class Code: OSPOGR1

This club is a combination of singing, dancing and drama; and is also lots of fun.

It is designed to boost confidence; introduce and practise performance skills and learn new skills. All the teachers are either fully qualified primary school teachers or performing arts specialists.

Each term there is a different theme.

At the end of term children will perform in a show to parents.

Places are not automatically renewed and a new booking will be required via the website.

Please see separate letter sent out with booklet.

Rhythm Fit Kidz



Year Groups	1, 2 and 3
Day	Tuesday
Time	3:15pm to 4:15pm
Cost per session	£6 per session, payable in advance per half term
Enrolment Method	Rachel@rhythmfit.co.uk/ classes www.rhythmfit.co.uk

Does your child love dancing to their favourite hits?

Rhythm Fit Kidz is an innovative dance fitness programme that incorporates high energy moves using dance games to create a party style atmosphere that children love! We also hold demonstrations and theme weeks as well as a dance party at the end of each term.

No previous dance experience necessary. Studies have shown that dancing not only improves concentration but it is a proven stress reliever which is so important for our children and the pressures they face today. Learning new routines together not only helps in confidence but also builds team work and social skills.

Rhythm Fit Street



Year Groups	4, 5 and 6
Day	Thursday
Time	3:20pm to 4:20pm
Cost per session	£6 per session, payable in advance per half term
Enrolment Method	Rachel@rhythmfit.co.uk/ classes www.rhythmfit.co.uk

Has your child ever wanted to learn the moves of the dances on The Voice or The X Factor?

Rhythm Fit Street is for our older groovers who want to slay on the dance floor! We concentrate on building up street and commercial style moves and incorporate them into choreographed dance routines over the term. Great for girls and boys

No previous dance experience necessary. Studies have shown that dancing not only improves concentration but it is a proven stress reliever which is so important for our children and the pressures they face today. Learning new routines together not only helps in confidence but also builds team work and social skills.

PG Band



Year Groups	3, 4, 5 and 6
Day	Thursday
Time	8:45am to 9:30am
Cost per session	£1.50 per week
Enrolment Method	School Gateway Enquiries: admin@pownallgreen.co.uk

After a very successful performance at the school Summer concert, we are looking to recruit new members.

Playing in a band is the best way of improving your music skills and making the most of all that practice you've done. Emphasis is on playing together and having fun.

The band is open to anyone who owns their own instrument (piano and drums can be used at school but children may need to alternate between percussion and glockenspiels depending on interest).

We ask that you are able to play the instrument, but do not require you to be at a certain level, if you are able to play two notes then please consider joining our band!

Please sign up and pay via School Gateway. If you wish to use childcare vouchers please use 'band' as the reference.

Sewing Club



Year Groups	4, 5 and 6
Day	Thursday
Time	12.30pm - 1.15pm
Cost per session (payable termly)	£6.50 per week £45.50 for the 1st half term £45.50 for the 2nd half term
Enrolment method	www.sewuniqueartwork.co.uk/SewingClub

Kelly, an Embroidery Designer and Tutor will be running a lunchtime Sewing Club at the school next term for years 3 & 4 and years 5 & 6.

Every half term we try a different type of sewing project. This includes learning new stitches, using different fabric types and changing from 2D to 3D projects. All sewing projects are based on the principle that we design them ourselves on paper first. This way, children learn to develop their design skills as well as their sewing skills.

They will finish the term with their own unique keepsakes to bring home.

Learning to sew with a simple needle and thread is a great skill for children to learn. It keeps their hands and minds busy but relaxed and helps improve their fine motor skills.

And embroidering their own designs is even better. That way, they get to be super creative and finish with a piece to be proud of.

Places are limited to 10 pupils per session. If there is enough interest for 2 sessions, it will also run on Tuesday.

For more information visit the website or email Kelly Mallinson - Kelly@sewuniqueartwork.co.uk

Spanish



Year Groups	1, 2, 3, 4, 5 and 6
Day	Monday: Yrs 1 and 2 Wednesday: Yrs 3 to 6
Time	Lunchtime
Cost per session (payable termly)	£6.50 per session (payable termly)
Enrolment method	0161 491 1444 info@laacademia.co.uk

Hello **Hola** **Bonjour** 你好 **Ciao** **Olá**

Can you say “hello” in any other language? Would it be fun to speak a little Spanish when you go on holiday and make lots of friends?

At Pownall Green you now have the opportunity to learn Spanish at lunchtime. The clubs are fun – we sing, play games, act and enjoy learning and speaking in another language.

The teachers from La Academia are enthusiastic and engaging, the lessons very pro-active and dynamic.

Please join us this term, it will be **fantástico** to see you at the club!

For any more information, please email us at info@laacademia.co.uk



Year Groups	3, 4, 5 and 6
Day	Monday Tuesday Thursday
Time	3:20pm to 5:20pm
Cost per session (payable termly)	£12
Enrolment method	Please email mr.williams@scratchclub.uk

Scratch Club has been running at Pownall Green for over 10 years now, and is an exciting after school computer club where children have fun whilst learning to code.

Scratch is an educational programming language and multimedia authoring tool where children can create interactive media such as animations, stories, games, art, music, simulations, instruments and characters.

As children create with Scratch they learn to think creatively, work collaboratively and reason systematically - essential skills for the 21st century.

Scratch Club is popular and places are limited. Places will be allocated on a first come, first serve basis.

Children are requested to bring at least their water bottle and a snack if required.

Please visit <https://scratch.mit.edu/users/pownallgreenprimary> for examples of our work and what we get up to.